



DBSA - Depression and Bipolar Support Alliance

<http://www.dbsalliance.org/site/PageServer?pagename=crisisinfo>

1-800-273-TALK (8255)



National Suicide Prevention Hotline

<http://www.suicidepreventionlifeline.org/>

1-800-273-TALK (8255)

(Also has Spanish info on home page)



CRISIS SUPPORT SERVICES
of Alameda County

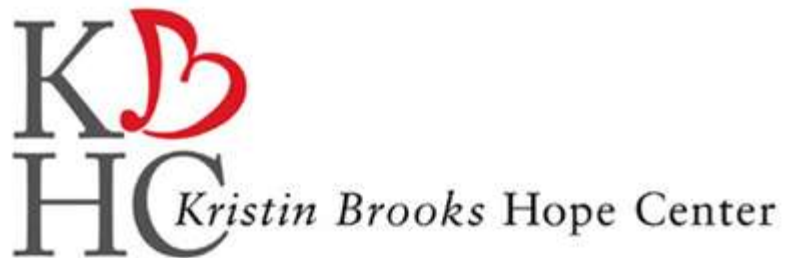
Crisis Support Services of Alameda County
Oakland, CA
800-309-2131

www.crisissupport.org

- TeenLine (peer-to-peer) in California call

1-800-TLC-TEEN (1-800-852-8336)

<http://www.teenlineonline.org/>



www.Hopeline.com

1.800.SUICIDE (1.800.784.2433)



California Youth Crisis Line

<http://www.youthcrisisline.org/>

1-800-843-5200



<http://www.nami.org/Content/ContentGroups/HelpLine1/Suicide - Learn more, learn to help.htm>

