

# Alameda County Community Resources



Every child deserves  
a medical home.

<b>California Children Services (CCS)</b>		510 208-5970
Specialized medical care for children with eligible medical conditions (0 up to age 21).		
<b>Child Care Referrals</b>	North County	510 658-0381
Listings of child care and preschool programs as well as subsidy information. Head Start (HS) and Early HS referrals also available through these resource & referral agencies.	South County	510 584-3118
	East County	925 417-8733
<b>Child Health Coverage</b>	MediCal/Healthy Families	888 747-1222
Checkups/immunizations and treatment for low income children (0 up to age 19; 21 if Medi-Cal).	Alameda County Child Health & Disability Prevention (CHDP)	510 618-2070
	Berkeley CHDP	510 981-5294
<b>Dental Care (Denti-Cal)</b>	Denti-Cal Application Help	800 322-6384
Referrals to dental services for Medi-Cal eligible children (under age 21).	Alameda Co. Healthy Smiles	800 422-9495
<b>Family Crisis</b>	FamilyPaths (Parental Stress Services)	800 829-3777
Services to parents, caregivers & children needing support, legal services or crisis intervention.	Family Violence Law Center	510 208-0255
<b>Family Resource Network (FRN)</b>		510 547-7322
Free information, referral services, advocacy and parent-to-parent support for children with disabilities or special health care needs (0 up to age 22).		
<b>Health Services</b>	VISION: UCB Optometry / Special Visual Assessment Clinic (SVAC)	510 642-2020
	HEARING: Center for Early Intervention on Deafness (CEID)	510 848-4800
		CHO Audiology 510 428-3344
	SPEECH: Alta Bates Small Voices - Speech therapy	510 204-4599
		CHO Speech & Language 925 463-8970
	DEVELOPMENTAL ASSESSMENTS: CHO Child Development Center	510 428-8428
<b>Mental Health / Drug &amp; Alcohol Abuse</b>	Alameda Co. Behavioral ACCESS	800 491-9099
Evaluations and services for those with mental health, drug or alcohol problems (all ages).	Thunder Road (substance abuse)	510 653-6040
<b>Nutrition &amp; Supplemental Food Programs</b>	Alameda Co. WIC	510 595-6400
Nutrition and breastfeeding counseling, food vouchers, breast pump loans to low-income pregnant or nursing women, infants and children (0 up to age 5) through WIC.	Toll Free WIC	888 942-9675
	Berkeley WIC	510 981-5360
	Alameda Co. Food Bank Helpline	800 870-3663
<b>Public Health &amp; Other Resources</b>	Alameda Co. Clearinghouse	888 604-4636
Information about health referrals. General county assistance referrals.	Berkeley Advice Line - Nurse of the Day	510 981-5300
	211 Line for Alameda Co.	211
<b>Regional Center of the East Bay (RCEB)</b>	RCEB Main	510 383-1200
Services for those with developmental disabilities (all ages). "Early Start" and "Prevention Program" provide services for children (0 up to age 3) with developmental concerns (see back side).	Early Start & Prevention Program	510 618-6195
<b>Special Education Local Plan Areas (SELPAs)</b>	Alameda County Office of Education	510 782-3356
Support/oversee special education services delivered by Local Education Agencies (LEAs - public school districts) to IDEA-eligible students with special needs (3 up to age 22); (0 up to age 22) with Low Incidence disability. (Referral Pad has district numbers)	Alameda/Albany/Berkeley/ Emeryville/Piedmont	510 525-9806
	Oakland	510 879-8223
	Castro Valley/Hayward/San Leandro/San Lorenzo	510 537-3000
	New Haven/Newark/Fremont	510 659-2569
	Dublin/Livermore/Sunol Glen/Mountain House Elem./Pleasanton	925 426-9144
<b>Supplemental Security Income (SSI)</b>		800 772-1213
Cash assistance and Medi-Cal to low-income disabled individuals (all ages).		



Every Child Counts/First 5 Alameda County generously funded updates.

Alameda County Medical Home Project: Phone/Fax (510) 540-8293

Agencies	Eligibility	Income Requirements	Services
<p><b>Family Resource Network (FRN)</b></p> <p>(510) 547-7322</p>	<ul style="list-style-type: none"> <li>• Ages 0 up to 22 years</li> <li>• All families and/or caregivers of special needs children residing in Alameda County</li> </ul>	<ul style="list-style-type: none"> <li>• No income limits</li> </ul>	<ul style="list-style-type: none"> <li>• Parent to parent support for families of children with special health and developmental needs including children who are at "high risk" for delays</li> <li>• Free information and referral services to generic agencies</li> <li>• Family navigation of services</li> <li>• Quarterly newsletter</li> <li>• Resource library</li> <li>• Training &amp; Advocacy</li> </ul>
<p><b>Special Education Local Plan Area (SELPA)</b></p> <p>See reverse side for individual SELPA #s.</p> <p>See Rx Pad for school district #s. One must <u>write</u> district to request assessment to determine eligibility.</p>	<ul style="list-style-type: none"> <li>• Ages 0 up to 22 years</li> <li>• District assessment process determines eligibility</li> <li>• Disability categories: autism; deafness; deaf-blind; emotional disturbance; hearing impairment; mental retardation; multiple disability; orthopedic impairment; other health impairment; specific learning disability; speech/language impairment; traumatic brain injury; visual impairment, including blindness</li> <li>• <b>AND</b> who need special education to benefit from public education</li> <li>• Early Start eligible: Solely Low Incidence (SLI) - hearing, visual and orthopedic impairments</li> </ul>	<ul style="list-style-type: none"> <li>• No income limits</li> <li>• Free and Appropriate Public Education (FAPE), at no cost to the parents, in the Least Restrictive Environment (LRE).</li> </ul>	<ul style="list-style-type: none"> <li>• Support / Oversight of special education services delivered by local school districts</li> <li>• Individualized Education Program (IEP)</li> <li>• Specialized instruction and necessary Related Services such as: <ul style="list-style-type: none"> <li>• Home visits/Respite (Early Start only)</li> <li>• Assistive Technology (AT)/services</li> <li>• Family training, counseling</li> <li>• Nursing assessments</li> <li>• Hearing Screening and services</li> <li>• Vision screening &amp; services</li> <li>• Health-related services at school</li> <li>• OT &amp; PT</li> <li>• Psychological, Mental Health services</li> <li>• Speech/Language services</li> <li>• Adaptive Physical Education</li> <li>• Transportation</li> <li>• Others as needed (not an exhaustive list)</li> </ul> </li> </ul>
<p><b>Regional Center of the East Bay (RCEB)</b></p> <p>(510) 383-1200</p> <p>(# for ages 3 and up)</p>	<ul style="list-style-type: none"> <li>• Life Span</li> <li>• Developmental disabilities including retardation, cerebral palsy, epilepsy, autism</li> </ul>	<ul style="list-style-type: none"> <li>• No income limits</li> <li>• Family Cost Participation (FCPP) required on respite, daycare and camping (3-18) services for families over 400% of Federal Income Guidelines (FIG) [also known as Federal Poverty Level, or FPL] and whose children are ages 0 up to age 18.</li> </ul>	<ul style="list-style-type: none"> <li>• Non-medical services, mostly case-management</li> <li>• Family support, respite, crisis intervention, special living arrangements, community integration</li> <li>• Interpreter/translator, advocacy, transportation vouchers</li> <li>• Assessment, rehabilitation and training, treatment, therapy, prevention, special equipment (usually as payer of "last resort")</li> </ul>
<p><b>Early Start Prevention Program</b></p> <p>(510) 618-6195</p> <p>(RCEB # for ages 0-3)</p>	<ul style="list-style-type: none"> <li>• 0 up to age 3</li> <li>• Presenting with significant developmental delay</li> <li>• Diagnosed physical or mental condition that has a high probability of resulting in a developmental delay</li> <li>• Prevention Program assumes responsibility for 0-3 year olds who are at "high risk" for delays in development or who are referred between 24 and 35 months with a level of delay that does not meet Early Start eligibility</li> </ul>	<ul style="list-style-type: none"> <li>• For specific health care services identified in the IFSP, families are required to use their private insurance or health care service plan; Regional Center remains "payer of last resort"</li> </ul>	<ul style="list-style-type: none"> <li>• Intake / Assessment</li> <li>• Diagnostic services</li> <li>• Case management</li> <li>• Monitoring</li> <li>• Nursing</li> <li>• OT &amp; PT</li> <li>• Respite</li> <li>• Assistive devices / services</li> <li>• Audiology services</li> <li>• Family training, counseling, home visits</li> <li>• Some health services</li> <li>• Special instruction</li> <li>• Speech/Language services</li> <li>• Transportation</li> <li>• Vision services</li> <li>• Referral for generic services</li> <li>• Nutritional counseling</li> <li>• Psychological services</li> <li>• Social Work services</li> </ul>
<p><b>County Mental Health</b></p> <p>(800) 491-9099</p>	<ul style="list-style-type: none"> <li>• Life Span</li> <li>• Children/Youth with full scope Medi-Cal (0 up to age 21)</li> <li>• Children/Youth in Healthy Families Program (0 up to age 19)</li> <li>• Special education referrals from schools (0 up to age 22)</li> </ul>	<ul style="list-style-type: none"> <li>• Medi-Cal or Healthy Families income limits</li> <li>• No income limits if referred by school system</li> </ul>	<ul style="list-style-type: none"> <li>• Outpatient assessment or psychological evaluation &amp; referral to community practitioners</li> <li>• All services required of an IEP including day &amp; residential treatment as necessary</li> <li>• Psychological emergency services (for a fee, if not covered by insurance)</li> </ul>
<p><b>California Children Services (CCS)</b></p> <p>(510) 208-5970</p>	<ul style="list-style-type: none"> <li>• 0 up to age 21</li> <li>• Children and youth with physical injuries, illness, or disabilities (see CCS diagnoses below)</li> </ul>	<ul style="list-style-type: none"> <li>• For diagnostics, PT &amp; OT: no income requirements</li> <li>• For coverage of CCS condition, income less than \$40,000</li> <li>• If medical expenses greater than 20% family income</li> </ul>	<ul style="list-style-type: none"> <li>• Diagnostic services</li> <li>• High Risk Infant Program</li> <li>• All services which apply to condition: doctors, hospital, surgery, PT, OT, lab tests, x-rays, orthopedic &amp; medical equipment, case management including transportation and maintenance</li> </ul>

**CCS Diagnoses:**

<ul style="list-style-type: none"> <li>• Heart conditions</li> <li>• Neoplasms</li> <li>• Blood disorders (hemophilia, sickle cell anemia)</li> <li>• Respiratory system disorders (cystic fibrosis, chronic lung disease)</li> <li>• Endocrine, nutritional &amp; metabolic disorders (PKU, thyroid problems or diabetes)</li> <li>• Genito-urinary system disorders (serious kidney problems)</li> <li>• Gastrointestinal system disorders (biliary artesia)</li> <li>• Serious birth defects (cleft lip/palate, spina bifida)</li> </ul>	<ul style="list-style-type: none"> <li>• Nervous system disorders (cerebral palsy, uncontrolled epilepsy)</li> <li>• Sense organ disorders (hearing loss, loss of vision due to glaucoma or cataracts)</li> <li>• Musculoskeletal &amp; connective tissue disorders (muscular dystrophy, JRA)</li> <li>• Severe disorders of the immune system (HIV)</li> <li>• Disabling injuries &amp; poisonings requiring intensive care or rehabilitation (severe brain, spinal cord injuries &amp; burns)</li> <li>• Complications of premature birth requiring an intensive level of care</li> <li>• Skin &amp; subcutaneous tissue disorders (severe hemangioma)</li> </ul>
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