

**Early Childhood Mental Health and  
Parenting Services  
Inter-Agency Referral Guide  
EPSDT PROGRAMS**



For Families with Children Ages 0-5 with Full-Scope Medi-Cal

**Preliminary Edition  
2011**

This guide was updated with the support of First 5 Alameda County

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## INTRODUCTION

To learn and grow, children must be emotionally secure and physically healthy. Mental health is closely tied to the relationships a child has with parents and significant caregivers. As an infant develops trust and attachment, the foundation for lifelong success in relationships and school is established. Children learn how to effectively express emotions, make friends, and explore the world around them through these relationships. A nurturing, caring relationship provides a “secure base” from which a child can begin exploring the world. That relationship can go astray for a variety of reasons. Studies have shown that mental health services for young children and their families can facilitate or repair the relationship and can have a positive, lasting impact.

This manual predominately focuses on mental health services for children 0-5 that can be billed through EPSDT. EPSDT (Early Periodic Screening, Diagnosis, and Treatment) is a Medi-Cal entitlement for children 0-21 years old that is designed to provide mental health services that can correct or ameliorate mental health problems and is available to children covered by full-scope Medi-Cal (Medi-Cal coverage without restrictions). Additionally, If an agency has other funding sources for treatment services, we have encouraged them to include that information here.

If you have a client in need of these services, please refer to one of the agencies accepting EXTERNAL referrals.

This manual will be updated on an as-needed basis. The current version was updated with the support of First 5 Alameda County.

For questions or comments, please email:  
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We hope you find this referral guide useful in your search for an EPSDT-funded early childhood mental health program.

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## A BETTER WAY

<b>Main Office:</b> 3200 Adeline Street Berkeley, CA 94703	<b>Referrals/Intakes:</b> Mental Health Intake Leonora Padilla (510) 601-0203 ext. 325	<b>Language Capacity:</b> English      Mien Spanish      Vietnamese
<b>Population Served:</b>	Foster/adopt children/youth, ages 0-21 yrs.	
<b>Geographic Area Served:</b>	Berkeley, Oakland, Hayward and vicinities	

<b>Services:</b>	Individual therapy	X	Developmental Guidance	X
	Family therapy	X	Resource and Referral	X
	Group therapy	X	<b>Service Locations:</b>	
	Infant/child parent dyadic therapy	X		
	Case management		In the home	X
	Supervised visitation	X	In the office	X
	Medication support		At childcare	
	Developmental & Socio Emotional Assessment	X	At other community locations	X

**Program Description:**

A Better Way offers permanency-informed behavioral health services to children, youth and families involved in, or at risk for becoming involved in the Foster Care system. A Better Way has programs specifically designed for children and youth across the dependency and permanency spectrum. A Better Way has expertise in providing Early Childhood Mental Health Services including collaborative, relationship-based, dyadic and family services. A Better Way also utilizes Evidence Based Mental Health and Parent training practices when indicated - including PCIT, Incredible Years, Trauma Focused-CBT & CBT

**Referrals accepted from:**

Internal  External (Community wide)

***For the services checked above, do you accept any clients who do not have full-scope Medi-cal?***

No.

***If yes, please indicate what funding you will accept and any limitations to that funding source***

  X   Victims of Crime (VOC)- Must be Alameda ACCESS Referral

  X   Private Pay (minimum rate of \$150.00 an hour)

  X   Grants and Contracts (Parent classes and trainings through Title IV-E funding.)

       Private Health Insurance

       Healthy Families: Alameda Alliance, Blue Cross or Kaiser

## ALAMEDA COUNTY BEHAVIORAL HEALTH CARE SERVICES THE EARLY CHILDHOOD CONSULTATION AND TREATMENT PROGRAM (ECCTP)

<b>Main Office:</b> 7200 Bancroft Avenue, Suite 125C Oakland, CA 94605	<b>Referrals/Intakes:</b> Intake Coordinator (510) 383-5129	<b>Language Capacity:</b> English      Spanish Interpreters Available
<b>Population Served:</b>	0-6 yrs.	
<b>Geographic Area Served:</b>	Alameda, Berkeley, Emeryville, Fremont, Hayward, Oakland, San Leandro and San Lorenzo. May accept referrals from other areas within Alameda County depending on staff availability.	

<b>Services:</b>	Individual therapy	X	Developmental Guidance	X
	Family therapy	X	Resource and Referral	X
	Group therapy	X	<b>Service Locations:</b>	
	Infant/child parent dyadic therapy	X		
	Case management	X	In the home	X
	Supervised visitation		In the office	X
	Medication support		At childcare	X
	Developmental & Socio Emotional Assessment	X	At other community locations	X

**Program Description:**  
This program is a mental health service delivery program that provides mental health consultation to childcare, as well as direct therapy services in childcare, in the home and in the clinic. Infant and early childhood/parent therapy is focused on behavioral, social-emotional and/or developmental needs of children in the context of their relationship with primary caretakers. Accepts children up to age 6 which means they can be seen until 7 years of age. A limited number of children without any insurance are served (referred to as medically indigent).

**Referrals accepted from:**  
 Internal     External (Community wide)

**For the services checked above, do you accept any clients who do not have full-scope Medi-cal?**  
 Yes, very limited number of children who are medically indigent.

***If yes, please indicate what funding you will accept and any limitations to that funding source***

- \_\_\_\_\_ Victims of Crime (VOC)
- \_\_\_\_\_ Private Pay
- \_\_\_\_\_ Grants and Contracts
- \_\_\_\_\_ Private Health Insurance
- \_\_\_\_\_ Healthy Families: Alameda Alliance, Blue Cross or Kaiser

## ALAMEDA FAMILY SERVICES

<b>Main Office:</b> 2325 Clement Ave. Alameda, CA 94501	<b>Referrals/Intakes:</b> Tel: (510) 629-6300 Fax: (510) 865-1930	<b>Language Capacity:</b> Spanish      Urdu/Hindi      Vietnamese Subject to change each training year
<b>Population Served:</b>	0-6 yrs., Children, Youth and Families 6-18, adults 21+ and couples	
<b>Geographic Area Served:</b>	Alameda County	

<b>Services:</b>	Individual therapy	X	Developmental Guidance	X
	Family therapy	X	Resource and Referral	X
	Group therapy	X	<b>Service Locations:</b>	
	Infant/child parent dyadic therapy	X		
	Case management	X	In the home	X
	Supervised visitation		In the office	X
	Medication support		At childcare	X
	Developmental & Socio Emotional Assessment		At other community locations	

### Program Description:

This program is a mental health service delivery program that provides mental health consultation to childcare, as well as direct therapy services in childcare, in the home and in the clinic. Infant and early childhood/parent therapy is focused on behavioral, social-emotional and/or developmental needs of children in the context of their relationship with primary caretakers. Accepts children up to age 5 which means they can be seen until 7 years of age.

Other relevant agency services include Anger Management groups, Survival Skills for Parents of Teens, Drug and Alcohol Treatment, School-Based Health Services and mental health services for families with children birth-18, individual adults and couples.

### Referrals accepted from:

Internal     External (Community wide)

**For the services checked above, do you accept any clients who do not have full-scope Medi-cal? Yes.**

***If yes, please indicate what funding you will accept and any limitations to that funding source***

\_\_\_\_\_ Victims of Crime (VOC)

  X   Private Pay (\$20-\$90)

  X   Grants and Contracts (First 5 Every Child Counts and Early Head Start)

\_\_\_\_\_ Private Health Insurance

\_\_\_\_\_ Healthy Families: Alameda Alliance, Blue Cross or Kaiser

# ASIAN COMMUNITY MENTAL HEALTH SERVICES

## READY, SET, GO! EARLY CHILD INTERVENTION PROGRAM

<b>Main Office:</b> 310 8th Street, Suite 201 Oakland, CA 94607	<b>Referrals/Intakes:</b> Amy Szeto, LCSW (510) 869-6075	<b>Language Capacity:</b> Chinese (Cantonese, Mandarin) Cambodian Vietnamese Mien Interpreters available: Burmese Mongolian
<b>Population Served:</b>	0-6 yrs.	
<b>Geographic Area Served:</b>	Oakland, Alameda, Hayward, San Leandro, San Lorenzo, Fremont & Richmond	

<b>Services:</b>	Individual therapy	X	Developmental Guidance	X
	Family therapy	X	Resource and Referral	X
	Group therapy	X	<b>Service Locations:</b>	
	Infant/child parent dyadic therapy	X		
	Case management	X	In the home	X
	Supervised visitation		In the office	X
	Medication support		At childcare	X
	Developmental & Socio Emotional Assessment	X	At other community locations	X

**Program Description:**  
 This program is a mental health service delivery program that provides mental health consultation to childcare, as well as direct therapy services in childcare, in the home and in the clinic. Infant and early childhood/parent therapy is focused on behavioral, social emotional and/or developmental needs of children in the context of their relationship with primary caretakers. Accepts children up to age 6 which means they can be seen until 7 years of age. A limited number of children without any insurance are served (referred to as medically indigent).

**Referrals accepted from:**  
 Internal  External (Community wide)

**For the services checked above, do you accept any clients who do not have full-scope Medi-cal? Yes.**

***If yes, please indicate what funding you will accept and any limitations to that funding source***  
 Victims of Crime (VOC)  
 \_\_\_\_\_ Private Pay  
 Grants and Contracts (please list and indicate who is served by the funding).  
 Currently, we have limited funding from Every Child Counts to provide mental health services to children (0-5) and families in childcare; Safe Passages; Safe Start; and Violence Prevention funds from the Governor’s Office of Emergency.  
 \_\_\_\_\_ Private Health Insurance  
 \_\_\_\_\_ Healthy Families: Alameda Alliance, Blue Cross or Kaiser



# BRIGHTER BEGINNINGS

<b>Main Office:</b> 2648 International Blvd Oakland, CA 94601	<b>Referrals/Intakes:</b> Intake Coordinator (510)903-7513 (510)437-8953 (Fax)	<b>Language Capacity:</b> English Spanish
<b>Population Served:</b>		Children-Youth ages 0 - 21. Adults on CalWorks.
<b>Geographic Area Served:</b>		Alameda County

<b>Services:</b>	Individual therapy	X	Developmental Guidance	X
	Family therapy	X	Resource and Referral	X
	Group therapy			
	Infant/child parent dyadic therapy	X	<b>Service Locations:</b>	
	Case management	X		
	Supervised visitation		In the office	X
	Medication support		At childcare	X
	Developmental & Socio Emotional Assessment		At other community locations	X

**Program Description:**  
 Our Bright Futures program provides outpatient mental health services to all children 0-21 years of age. Dyadic therapy for children 0-5 years old is provided. Currently focus on children 0-21 years of age. Through CalWorks, therapeutic services for adults can be provided.

**Referrals accepted from:**  
 Internal  External (Community wide)

**For the services checked above, do you accept any clients who do not have full-scope Medi-cal?**

We can serve children and adults on Alameda County CalWorks.

***If yes, please indicate what funding you will accept and any limitations to that funding source***

\_\_\_\_\_ Victims of Crime (VOC)

\_\_\_\_\_ Private Pay

  X   Grants and Contracts (Every Child Counts, AFLP, Cal Learn, Early Head Start) (For case management and help with development, NOT mental health therapy.)

\_\_\_\_\_ Private Health Insurance

\_\_\_\_\_ Healthy Families: Alameda Alliance, Blue Cross, or Kaiser

## CHILDREN'S HOSPITAL AND RESEARCH CENTER AT OAKLAND BEHAVIOR EMERGENCY RESPONSE TEAM (BERT)

<b>Main Office:</b> 747 52nd Street Oakland, CA 94607 CHRCO Emergency Department	<b>Referrals/Intakes:</b> Ask for the social worker on call (510) 428-3000	<b>Language Capacity:</b> Interpreters available
<b>Population Served:</b>	Children under 12 years old or 5,150 admissions	
<b>Geographic Area Served:</b>	Alameda County	

<b>Services:</b>	Individual therapy		Developmental Guidance	
	Family therapy		Resource and Referral	X
	Group therapy		<b>Service Locations:</b>	
	Infant/child parent dyadic therapy			
	Case management	X	In the home	
	Supervised visitation		In the office	X
	Medication support	X	At childcare	
	Developmental & Socio Emotional Assessment	X	At other community locations	

**Program Description:**

24-hour crisis stabilization services within the Emergency Department at Children's Hospital for children under 12 years old.

**Referrals accepted from:**

Internal  External (Community wide)

Accepts referrals from Children's Hospital.

**For the services checked above, do you accept any clients who do not have full-scope Medi-cal?**

Yes.

***If yes, please indicate what funding you will accept and any limitations to that funding source***

Victims of Crime (VOC)

Private Pay

Grants and Contracts

Private Health Insurance

Healthy Families: Alameda Alliance, Blue Cross or Kaiser

## CHILDREN'S HOSPITAL AND RESEARCH CENTER AT OAKLAND BEHAVIORAL PEDIATRICS CLINIC

<b>Main Office:</b> 645 4th Street Oakland, CA 94607	<b>Referrals/Intakes:</b> Intake Coordinator (510) 428-8428	<b>Language Capacity:</b> English      Spanish Interpreters Available
<b>Population Served:</b>	3-12 yrs.	
<b>Geographic Area Served:</b>	Alameda County	

<b>Services:</b>	Individual therapy	X	Developmental Guidance	X
	Family therapy	X	Resource and Referral	X
	Group therapy	X	<b>Service Locations:</b>	
	Infant/child parent dyadic therapy	X		
	Case management	X	In the home	X
	Supervised visitation		In the office	X
	Medication support		At childcare	X
	Developmental & Socio Emotional Assessment	X	At other community locations	X

**Program Description:**

This program provides multidisciplinary/team based assessment and treatment for children 3-12 years old with social/emotional behavioral disorders. Priority is given to children in foster care, kinship care, or at-risk for out-of-home placement.

**Referrals accepted from:**

Internal  External (Community wide)

**For the services checked above, do you accept any clients who do not have full-scope Medi-cal?**

No.

***If yes, please indicate what funding you will accept and any limitations to that funding source***

\_\_\_\_\_ Victims of Crime (VOC)

\_\_\_\_\_ Private Pay

\_\_\_\_\_ Grants and Contracts

\_\_\_\_\_ Private Health Insurance

\_\_\_\_\_ Healthy Families: Alameda Alliance, Blue Cross or Kaiser

## CHILDREN'S HOSPITAL AND RESEARCH CENTER AT OAKLAND COMPREHENSIVE PSYCHIATRIC CENTER: CHILD DEVELOPMENT CENTER SITE

<b>Main Office:</b> 5220 Claremont Avenue Oakland, CA 94618	<b>Referrals/Intakes:</b> Intake Coordinator (510) 428-8428	<b>Language Capacity:</b> English Interpreters Available
<b>Population Served:</b>	Children up to the age of 18	
<b>Geographic Area Served:</b>	Alameda County	

<b>Services:</b>	Individual therapy		Developmental Guidance	X
	Family therapy		Resource and Referral	X
	Group therapy		<b>Service Locations:</b>	
	Infant/child parent dyadic therapy			
	Case management	X	In the home	
	Supervised visitation		In the office	X
	Medication support	X	At childcare	
	Developmental & Socio Emotional Assessment	X	At other community locations	X

**Program Description:**

This program provides medication assessment, treatment and management, case management, and coordination of care with other programs for children under 18 years old. Priority is given to children in foster care, kinship care, or at risk for out of home placement.

**Referrals accepted from:**

Internal  External (Community wide)

Accepts referrals from Children's Hospital.

**For the services checked above, do you accept any clients who do not have full-scope Medi-cal?**

Yes.

***If yes, please indicate what funding you will accept and any limitations to that funding source***

Victims of Crime (VOC)

Private Pay

Grants and Contracts

Private Health Insurance

Healthy Families: Alameda Alliance, Blue Cross or Kaiser

# CHILDREN'S HOSPITAL AND RESEARCH CENTER AT OAKLAND EARLY CHILDHOOD MENTAL HEALTH PROGRAM

<b>Main Office:</b> 638 3rd Street Oakland, CA 94607	<b>Referrals/Intakes:</b> Intake Coordinator (510) 428-3885 ext. 7229	<b>Language Capacity:</b> English      Arabic      Spanish Tagalog      Visayan
<b>Population Served:</b>	Children 0-6 yrs.	
<b>Geographic Area Served:</b>	Alameda County	

<b>Services:</b>	Individual therapy	X	Developmental Guidance	X
	Family therapy	X	Resource and Referral	X
	Group therapy	X	<b>Service Locations:</b>	
	Infant/child parent dyadic therapy	X		
	Case management	X	In the home	X
	Supervised visitation	X	In the office	X
	Medication support		At childcare	X
	Developmental & Socio Emotional Assessment	X	At other community locations	X

**Program Description:**

This program provides assessment and mental health treatment services to children and their caretakers with a specialized focus on the birth to three year-old population (though children are accepted up to age 5). Services are provided by a multidisciplinary team that includes mental health and developmental specialists. The program specializes in serving children and families where medical, developmental and social emotional concerns may co-exist. In addition to individual treatment services, group programs are offered for families in the child welfare system working on reunification, families struggling with substance use, and previously incarcerated parents. Other services offered by the program on grant funding include developmental playgroups and parent support groups for Spanish Speaking families who have young children with disabilities.

**Referrals accepted from:**

Internal  External (Community wide)

Internal referrals only for FIRST program. Accepts referrals from Children's Hospital, community clinics and pediatric providers, Public Health Dept, Social Services, Early Care and Education programs and other community based agencies.

**For the services checked above, do you accept any clients who do not have full-scope Medi-cal? Yes.**

***If yes, please indicate what funding you will accept and any limitations to that funding source***

\_\_\_\_\_ Victims of Crime (VOC)

\_\_\_\_\_ Private Pay

  X   Grants and Contracts

\_\_\_\_\_ Private Health Insurance

\_\_\_\_\_ Healthy Families: Alameda Alliance, Blue Cross or Kaiser

# CITY OF FREMONT, YOUTH AND FAMILY SERVICES (YFS) INFANT-TODDLER PROGRAM

<b>Main Office:</b> Youth and Family Services 39155 Liberty St, Ste. E500 P.O. Box 5006 Fremont, CA 94537-5006	<b>Referrals/Intakes:</b> Reva Srinivasan, Ph.D (510) 574-2124	<b>Language Capacity:</b> Spanish Hindi English Call for other languages
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**Population Served:** Children 0 to 5 years of age (through the 5<sup>th</sup> birthday)

**Geographic Area Served:** Fremont, Newark and Union City

<b>Services:</b>	Individual therapy	X	Developmental Guidance	X
	Family therapy	X	Resource and Referral	X
	Group therapy			
	Infant/child parent dyadic therapy	X	<b>Service Locations:</b>	
	Case management	X		
	Supervised visitation		In the office	X
	Medication support		At childcare	
	Developmental & Socio Emotional Assessment	X	At other community locations	

**Program Description:**

This program provides relationship-based therapy and case management to families facing various stressors. Typical concerns might be about the child (such as tantrums, eating or sleeping difficulties, aggressive behavior, distressed at separation), the whole family (such as reactions to divorce, death, job loss) or a parent (such as need for support because of depression, health problems, anxiety or trauma).

**Referrals accepted from:**

- Internal  External (Community wide)

**For the services checked above, do you accept any clients who do not have full-scope Medi-cal?**

Yes.

***If yes, please indicate what funding you will accept and any limitations to that funding source***

- \_\_\_\_\_ Victims of Crime (VOC)
- X   Private Pay (Sliding fee scale \$10-\$135)
- \_\_\_\_\_ Grants and Contracts
- \_\_\_\_\_ Private Health Insurance
- \_\_\_\_\_ Healthy Families: Alameda Alliance, Blue Cross or Kaiser

## EAST BAY AGENCY FOR CHILDREN THERAPEUTIC NURSERY SCHOOL

<b>Main Office:</b> 6117 Martin Luther King Way Oakland, CA 94609	<b>Referrals/Intakes:</b> Tim Desmond, MFT (510) 655-4896	<b>Language:</b> English Spanish
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<b>Population Served:</b>	<b>Children 2 ½ - 6 yrs.</b>
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<b>Geographic Area Served:</b>	<b>Alameda County</b>
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<b>Services:</b>	Individual therapy	X	Developmental Guidance	X
	Family therapy	X	Resource and Referral	X
	Group therapy	X	<b>Service Locations:</b>	
	Infant/child parent dyadic therapy	X		
	Case management	X	In the home	
	Supervised visitation		In the office	X
	Medication support	X	At childcare	
	Developmental & Socio Emotional Assessment	X	At other community locations	

**Program Description:**

EBAC's Therapeutic Nursery School (TNS) in Oakland provides early childhood education and comprehensive mental health services for children ages 2 ½ through 6 years old who have behavioral, emotional and or learning challenges.

**Referrals accepted from:**

Internal  External (Community wide)

**For the services checked above, do you accept any clients who do not have full-scope Medi-cal?**

No.

***If yes, please indicate what funding you will accept and any limitations to that funding source***

- Victims of Crime (VOC)
- Private Pay
- Grants and Contracts
- Private Health Insurance
- Healthy Families: Alameda Alliance, Blue Cross or Kaiser

# FAMILY PATHS

## EARLY CHILDHOOD MENTAL HEALTH TREATMENT PROGRAM

<b>Main Office:</b> 1727 Martin Luther King Jr. Way, #109 Oakland, CA 94612 (510) 893-9230	<b>Referrals/Intakes:</b> Intake and 24 Hour Hotline (510) 893-5444    (800) 829-3777	<b>Language Capacity:</b> English      Spanish Japanese
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**Population Served:** 0-6 yrs.

**Geographic Area Served:** Alameda County

<b>Services:</b>	Individual therapy	X	Developmental Guidance	X
	Family therapy	X	Resource and Referral	X
	Group therapy			
	Infant/child parent dyadic therapy	X	<b>Service Locations:</b>	
	Case management	X	In the home	X
	Supervised visitation		In the office	X
	Medication support		At childcare	
	Developmental & Socio Emotional Assessment	X	At other community locations	X

**Program Description:**  
 Provides relationship-based mental health services to infants, toddlers, and preschoolers who are experiencing mental health problems due to adverse life circumstances and traumatic stress. Clinicians work with children and their caregivers together in child-parent therapy to promote safety and security in their relationships in order to meet children’s developmental, emotional, and behavioral needs. Support and linkage to community resources are provided to further families’ stability and well-being. Services may be continued past age 6 when needed. Other relevant agency services include parenting education classes, 24 hour Parent Support Hotline, and mental health services for families with children 6-21 years old.

**Referrals accepted from:**  
 Internal    External (Community wide)  
 Parent Support Hotline, Access, CFS, Preschools, Public Health Nursing, Community Agencies, Family Members

***For the services checked above, do you accept any clients who do not have full-scope Medi-cal? Yes***  
***If yes, please indicate what funding you will accept and any limitations to that funding source***

Victims of Crime (VOC)  
 Private Pay  
 Grants and Contracts (Small amount of Measure Y funding to serve Oakland residents who have been exposed to family violence and who also do not have Medi-Cal.)  
 Private Health Insurance  
 Healthy Families: Alameda Alliance, Blue Cross, or Kaiser



## JEWISH FAMILY AND CHILDREN'S SERVICES OF THE EAST BAY FIRST STEPS EARLY CHILDHOOD MENTAL HEALTH PROGRAM

<b>Main Office:</b> 2484 Shattuck Ave, Suite 210 Berkeley, CA 94704	<b>Referrals/Intakes:</b> Celina Ramirez (Spanish) (510) 636-4026  Valerie Rosenfield (English) (510) 704-7480 ext. 700	<b>Language Capacity:</b> English                      Spanish Bosnian                      Russian Hebrew                      Farsi/Dhari
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**Population Served:** 0-6 years in home; 7-21 years in office only

**Geographic Area Served:** Alameda, Albany, Berkeley, Emeryville, Oakland, San Leandro, San Lorenzo, Hayward, Pleasanton, Dublin, Livermore, Sunol

<b>Services:</b>	Individual play	X	Developmental Guidance	X
	Family therapy	X	Resource and Referral	X
	Group therapy	X	<b>Service Locations:</b>	
	Infant/child parent dyadic therapy	X		
	Case management	X	In the home	X
	Supervised visitation		In the office	X
	Medication support		At childcare	X
Developmental & Socio Emotional Assessment	X	At other community locations	X	

**Program Description:**

This program provides comprehensive, relationship based therapy, consultation, and case management services. Services are focused on behavioral, social-emotional and or developmental needs of children 0-6 and their caregivers.

**Referrals accepted from:**

Internal  External (Community wide)

**For the services checked above, do you accept any clients who do not have full-scope Medi-cal?**

Yes.

***If yes, please indicate what funding you will accept and any limitations to that funding source***

  X   Victims of Crime (VOC) (Office Only)

  X   Private Pay (\$45- \$140 Office Only)

  X   Grants and Contracts (OFCY & Measure Y. First 5 at Pre-school site).

  X   Private Health Insurance (Office Only)

  X   Healthy Families: Only Blue Cross

# KIDANGO

## CHILD AND FAMILY SUPPORT PROGRAM

<b>Main Office:</b> 44000 Old Warm Springs Blvd. Fremont, CA 94538	<b>Referrals/Intakes:</b> Intake Coordinator (510) 897-6938 (510) 897-6909 (Fax)	<b>Language Capacity:</b> English Spanish
<b>Population Served:</b>	0 to 6 yrs.	
<b>Geographic Area Served:</b>	Hayward, Oakland, San Leandro, San Lorenzo, Union City, Fremont, Newark, Pleasanton, Dublin, Livermore, Sunol, Berkeley, Alameda, Castro Valley, Emeryville	

<b>Services:</b>	Individual therapy	X	Developmental Guidance	X
	Family therapy	X	Resource and Referral	X
	Group therapy	X	<b>Service Locations:</b>	
	Infant/child parent dyadic therapy	X		
	Case management	X	In the home	X
	Supervised visitation		In the office	X
	Medication support		At childcare	X
	Developmental & Socio Emotional Assessment	X	At other community locations	X

**Program Description:**

This program provides mental health services in childcare programs as well as in the caregivers' home and community.

**Referrals accepted from:**

Internal  External (Community wide)

Children attending Kidango Child Development sites are eligible as are other qualifying children from the general community.

**For the services checked above, do you accept any clients who do not have full-scope Medi-cal? Yes.**

***If yes, please indicate what funding you will accept and any limitations to that funding source***

\_\_\_\_\_ Victims of Crime (VOC)

\_\_\_\_\_ Private Pay

  X   Grants and Contracts (CAPS 0-5 and their families in Spanish and English).

\_\_\_\_\_ Private Health Insurance

\_\_\_\_\_ Healthy Families: Alameda Alliance, Blue Cross or Kaiser

# LA CLINICA DE LA RAZA, CASA DEL SOL

<b>Main Office:</b> 1501 Fruitvale Ave. Oakland, CA 94601	<b>Referrals/Intakes:</b> Intake Coordinator (510) 535-6200	<b>Language Capacity:</b> English      Spanish (Focus on mono-and bilingual children families.)
<b>Population Served:</b>	Children 0-18 yrs, Adults 18+	
<b>Geographic Area Served:</b>	Alameda County	

<b>Services:</b>	Individual therapy	X	Developmental Guidance	X
	Family therapy	X	Resource and Referral	X
	Group therapy	X	<b>Service Locations:</b>	
	Infant/child parent dyadic therapy	X		
	Case management	X	In the home	X
	Supervised visitation		In the office	X
	Medication support	X	At childcare	
	Developmental & Socio Emotional Assessment	X	At other community locations	X

**Program Description:**

Casa del Sol’s Infant Mental Health Program focuses on serving Spanish speaking families where the child has a mental health condition. This program provides relationship-based therapy and case management for children who have a mental health condition. Assessments and treatment use strength based and culturally focused approaches. Typical concerns include: attachment problems, PTSD, depression, anxiety, oppositional behaviors, tantrums, eating or sleeping problems, elimination disorders, and/or aggressive behaviors. In addition to individual, dyadic, family therapy, and case management services for the children/families, additional services are available to family members. Additional services that are provided in Spanish include: parent education/support groups, adult grief group, crisis stabilization services, domestic violence groups for women, child abuse prevention services, and groups for children who have been exposed to domestic violence. All Staff members are bilingual Spanish/English.

**Referrals accepted from:**

Internal     External (Community wide)

**For the services checked above, do you accept any clients who do not have full-scope Medi-cal?**

Yes. Services are provided to uninsured children in crisis 0-18 years old.

***If yes, please indicate what funding you will accept and any limitations to that funding source***

- \_\_\_\_\_ Victims of Crime (VOC)
- \_\_\_\_\_ Private Pay
- \_\_\_\_\_ Grants and Contracts
- \_\_\_\_\_ Private Health Insurance
- X   Healthy Families: Alameda Alliance

## LA FAMILIA COUNSELING SERVICE OUTPATIENT SERVICES

<b>Main Office:</b> 26081 Mocine Avenue Hayward, CA 94544	<b>Referrals/Intakes:</b> Intake Coordinator (510)881-5921	<b>Language Capacity:</b> English Spanish
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<b>Population Served:</b>	0-18 yrs, 18+
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<b>Geographic Area Served:</b>	Alameda County
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<b>Services:</b>	Individual therapy	X	Developmental Guidance	
	Family therapy		Resource and Referral	X
	Group therapy		<b>Service Locations:</b>	
	Infant/child parent dyadic therapy	X		
	Case management		In the home	X
	Supervised visitation		In the office	X
	Medication support		At childcare	
	Developmental & Socio Emotional Assessment	X	At other community locations	

**Program Description:**

This program provides services to infants, children, and families. Infant and early childhood/parent therapy focusing on culturally competent behavioral, social-emotional and or developmental needs of children 0-6.

**Referrals accepted from:**

Internal  External (Community wide)

Referrals received within agency, from community agencies, and school sites.

**For the services checked above, do you accept any clients who do not have full-scope Medi-cal?**

No. 0-18 years old need Medi-cal. 18+ sliding scale and free services available.

***If yes, please indicate what funding you will accept and any limitations to that funding source***

\_\_\_ Victims of Crime (VOC)

\_\_\_ Private Pay

\_\_\_ Grants and Contracts (please list and indicate who is served by the funding).

\_\_\_ Private Health Insurance

\_\_\_ Healthy Families: Alameda Alliance, Blue Cross or Kaiser

## PORTIA BELL HUME BEHAVIORAL HEALTH & TRAINING CENTER (THE HUME CENTER) EVERY CHILDHOOD MENTAL HEALTH SERVICES

<b>Main Office:</b> 39420 Liberty Street Suite 140 Fremont, CA 94538	<b>Referrals/Intakes:</b> Intake Coordinator (510)745-9151 (510)745-9152 (Fax)	<b>Language Capacity:</b> English      Spanish      French      Mandarin Cantonese      Farsi      Hindi      Punjabi Thai      Vietnamese      Urdu      Arabic
<b>Population Served:</b>	Early Childhood Mental Health 0-6, Children and Youth 6-21 years & adults 21+	
<b>Geographic Area Served:</b>	Alameda County	

<b>Services:</b>	Individual therapy	X	Developmental Guidance	X
	Family therapy	X	Resource and Referral	X
	Group therapy	X	<b>Service Locations:</b>	
	Infant/child parent dyadic therapy	X		
	Case management	X	In the home	X
	Supervised visitation		In the office	X
	Medication support	X	At childcare	X
	Developmental & Socio Emotional Assessment	X	At other community locations	X

### Program Description:

The goal and aspirations of the program is to provide Prevention, Intervention, and Support to children and their families who are at risk or in the throes of social, emotional, behavioral or developmental difficulties. There are various signs that arise in infants and children that signal difficulties, and could benefit from our services. We also recognize that the parenting process can be frustrating, overwhelming, and bring about feelings of isolation. We believe that if these difficulties are addressed early, with support and compassion, suffering can be minimized in later life and there can be progress toward successful development and positive family relationships.

### Referrals accepted from:

Internal  External (Community wide)

***For the services checked above, do you accept any clients who do not have full-scope Medi-cal? Yes.***

***If yes, please indicate what funding you will accept and any limitations to that funding source***

Victims of Crime (VOC)

Private Pay (Minimum fee is \$40 or 2% of net monthly income, whichever is higher)

Grants and Contracts (CalWorks; Prevention-Children, Families, and S. Asians; Limited Indigent Clients; California Children's Services)

Private Health Insurance

Healthy Families: Alameda Alliance, Blue Cross, or Kaiser

## THROUGH THE LOOKING GLASS

<b>Main Office:</b> 3075 Adeline Street Suite 120 Berkeley, CA 94703	<b>Referrals/Intakes:</b> Intake Coordinator Meche Aguirre (510) 848-1112 x8114	<b>Language Capacity:</b> <table style="width: 100%; border: none;"> <tr> <td>English</td> <td>Spanish</td> <td>ASL</td> <td>Japanese</td> </tr> <tr> <td>Portuguese</td> <td>Farsi</td> <td>German</td> <td>Korean</td> </tr> <tr> <td>Turkish</td> <td>Tagalog</td> <td>Hindu</td> <td>Cantonese</td> </tr> <tr> <td>Mandarin</td> <td>Punjabi</td> <td></td> <td></td> </tr> </table>	English	Spanish	ASL	Japanese	Portuguese	Farsi	German	Korean	Turkish	Tagalog	Hindu	Cantonese	Mandarin	Punjabi		
English	Spanish	ASL	Japanese															
Portuguese	Farsi	German	Korean															
Turkish	Tagalog	Hindu	Cantonese															
Mandarin	Punjabi																	

**Population Served:** Children 0-18 yrs.

**Geographic Area Served:** Alameda County

<b>Services:</b>	Individual therapy	X	Developmental Guidance	X
	Family therapy	X	Resource and Referral	X
	Group therapy			
	Infant/child parent dyadic therapy	X	<b>Service Locations:</b>	
	Case management	X	In the home	X
	Supervised visitation	X	In the office	X
	Medication support		At childcare	X
	Developmental & Socio Emotional Assessment	X	At other community locations	X

**Program Description:**  
 This program specializes in serving children with developmental concerns and/or delays, behavioral, social emotional, or attachment concerns, possible disabilities (physical, cognitive, sensory) or significant medical issues (prematurity/medical fragility, birth defects, surgeries, failure to thrive, illness). The program also specializes in serving children whose parents/caretakers have disabilities (including physical, cognitive, sensory, and mental health/emotional) or significant medical issues. Based in the disability and Deaf communities, this program provides a unique specialized service with expertise regarding mental health, developmental, cultural and adaptation issues associated with infant/child and family disability and deafness.

**Referrals accepted from:**  
 Internal  External (Community wide)

Agency accepts children 0-18 who are Medi-Cal clients in Alameda County. Parameters of non-Medi-Cal clients depend upon grant availability. Please call to inquire about funding.

***For the services checked above, do you accept any clients who do not have full-scope Medi-cal? Yes. If yes, please indicate what funding you will accept and any limitations to that funding source***

Victims of Crime (VOC)

Private Pay (\$113-\$120 hr.)

Grants and Contracts (Regional Center of the East Bay, City of Berkeley, Every Child Counts Alameda County, First 5 Contra Costa, Safe Passages, Foundation Grants.)

Private Health Insurance

Healthy Families: Alameda Alliance, Blue Cross, or Kaiser

# TIBURCIO VASQUEZ HEALTH CENTER, INC

## FAMILY SUPPORT SERVICES

<b>Main Office:</b> 22211 Foothill Blvd. Hayward, CA 94541	<b>Referrals/Intakes:</b> Margie Burton-Flores (510) 471-5880 ext. 3781	<b>Language Capacity:</b> Spanish English
<b>Population Served:</b>	0-6 yrs. Pregnant and parenting teens under the age of 21, school based children 0-21	
<b>Geographic Area Served:</b>	Hayward, Union City, Fremont, Newark, San Leandro, San Lorenzo, Castro Valley	

<b>Services:</b>	Individual therapy	X	Developmental Guidance	X
	Family therapy	X	Resource and Referral	X
	Group therapy	X	<b>Service Locations:</b>	
	Infant/child parent dyadic therapy	X		
	Case management	X	In the home	X
	Supervised visitation		In the office	X
	Medication support	X	At childcare	X
	Developmental & Socio Emotional Assessment	X	At other community locations	X

**Program Description:**

This program provides strength based, culturally and linguistically responsive therapy case management and developmental guidance to the following populations; infants and children (0-5) and their caregivers/families (including caregiver-child dyadic attachment based therapy, play therapy, collateral sessions with family to support child), and pregnant and parenting teens/young adults and their children. School-based services in Hayward and San Lorenzo Unified School Districts.

**Referrals accepted from:**

Internal  External (Community wide)

***For the services checked above, do you accept any clients who do not have full-scope Medi-cal?***

Yes.

***If yes, please indicate what funding you will accept and any limitations to that funding source***

- Victims of Crime (VOC)
- Private Pay
- Grants and Contracts
- Private Health Insurance
- Healthy Families: Alameda Alliance, Blue Cross, or Kaiser

# WestCoast Children's Clinic

<b>Main Office:</b> 3301 E. 12th Street Ste. 259 Oakland, California 94601	<b>Referrals/Intakes:</b> Intake Coordinator (510) 269-9043 Fax: (510) 269-9031	<b>Language Capacity:</b> Cantonese    Spanish Tagalog        Russian
<b>Population Served:</b>	Children 3-22 yrs.	
<b>Geographical Area Served:</b>	Alameda County Clients up to 1-2 hours from Oakland	

<b>Services:</b>	Individual therapy	X	Developmental Guidance	
	Family therapy	X	Resource and Referral	
	Group therapy	X		
	Infant/child parent dyadic therapy	X	<b>Service Locations:</b>	
	Case management		In the home	X
	Supervised visitation		In the office	X
	Medication support		At childcare	
	Developmental & Socio Emotional Assessment	X	At other community locations	

**Program Description:**

Private, non-profit child therapy agency with EPSDT contracts (primarily serving Alameda County). We serve children and families in foster care and children/families with full-scope Medi-cal.

Programs include: outpatient community or clinic based therapy (ages 3-22), psychological assessment (ages 3-22) partial to full batteries with a therapeutic, systemic, collaborative model. Transitional age youth programs include: Foster Youth Development (ages 14-17); C Change (for sexually exploited minors); Catch 21 (for transitional age youth coming out of higher level care); STAT (screening/assessment for children/youth entering foster care); Project 1959 (transitional services for youth with high placement utilization).

Our model is integrative (psycho-dynamic, dyadic, systemic, culturally linked), we have experience in models of attachment, trauma, and long-term therapy, and collaborative psychological assessment. We are also a training program for pre-doctoral interns and post-doctoral residents. We have a multi-disciplinary staff (no psychiatric services).

**Referrals accepted from:**

Internal  External (Community wide)

***For the services checked above, do you accept any clients who do not have full-scope Medi-cal?***  
*Not at this time.*

***If yes, please indicate what funding you will accept and any limitations to that funding source***

- Victims of Crime (VOC)
- Private Pay
- Grants and Contracts
- Private Health Insurance
- Healthy Families: Alameda Alliance, Blue Cross, or Kaiser